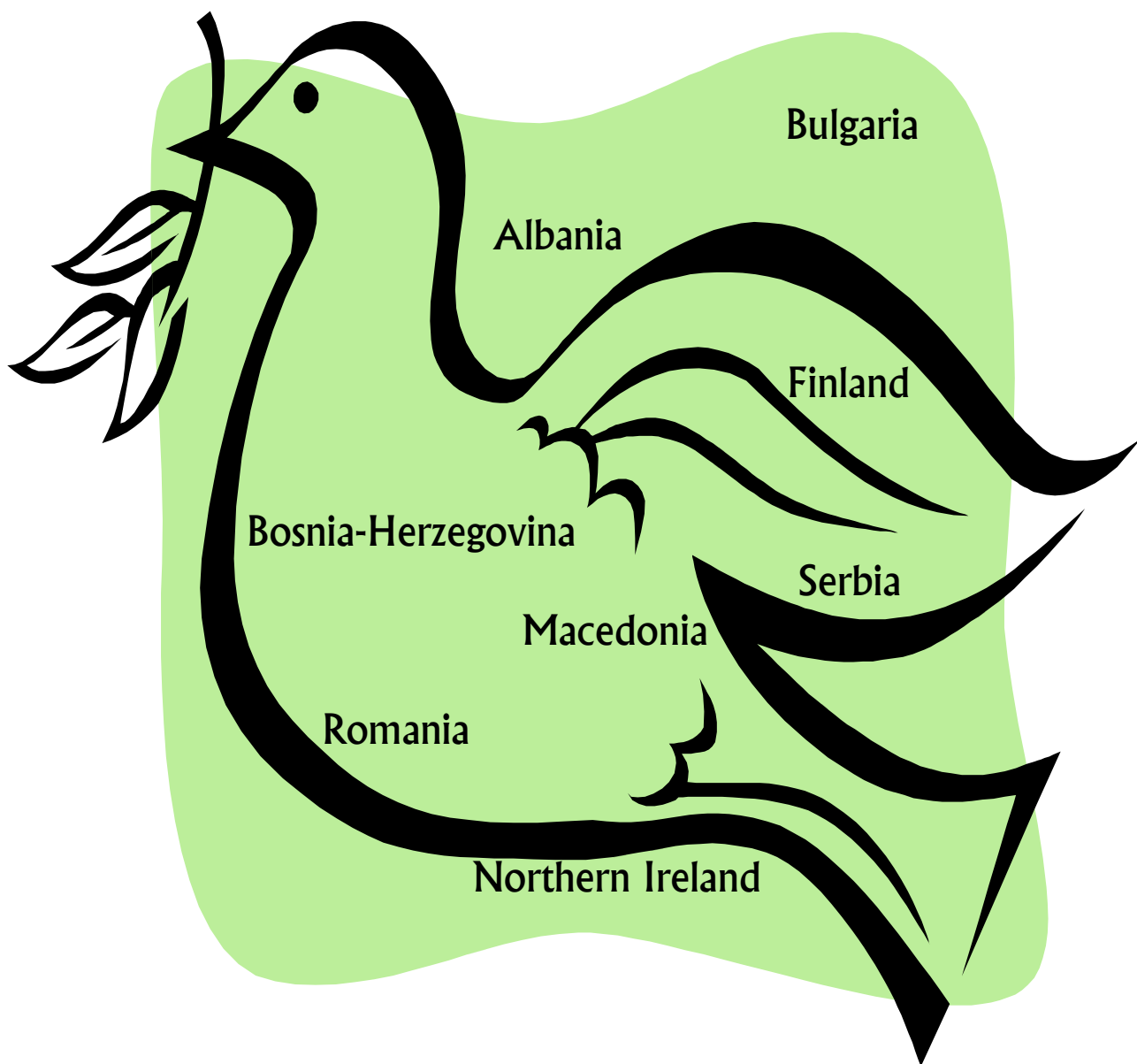


Peace, Democracy and Human Rights

Youth Exchange in Lemböte, Åland

15th-23rd July, 2006



15th July

18.00	Arrivals	Organisers
21.00	Dinner	Organisers
	Sauna	



16th July

8.00-9.00	Breakfast	Organisers
9.00-11.00	Official opening	Organisers
11.00-12.00	Working groups: Activities, program, evaluation, media, public presentations	Organisers
12.00-13.00	Lunch	Organisers
13.00-17.30	Guided trip to the ruins of Bomarsund fortress: The guide tells us about the history of the fortress and the Crimean war on Åland as well as about the peace in Paris 1856	Organisers
18.00-19.0	Dinner	
19.00-19.30	Day-evaluation	Evaluation
20.00	Sauna	Activity
21.00	Intercultural party with national specialities	Program

17th July

8.00-9.0	Breakfast	
9.00-10.30	Working group meetings, planning and working with the themes	
10.30-12.00	National presentations	Program
12.00-13.00	Lunch	
13.00-13.30	Walk and talk in small groups	Activity
13.30-14.00	Games and workshops, icebreaking, energizing	Activity
14.00-17.30	Working with exhibitions and public presentations	Public pres.
17.30-18.00	Meditation in the Chapel	Activity
18.00-19.00	Dinner	
19.30-21.30	Experts in different areas visits, mingle and discussions	

“There is no way to peace; peace is the way.”

A.J Muste

18th July

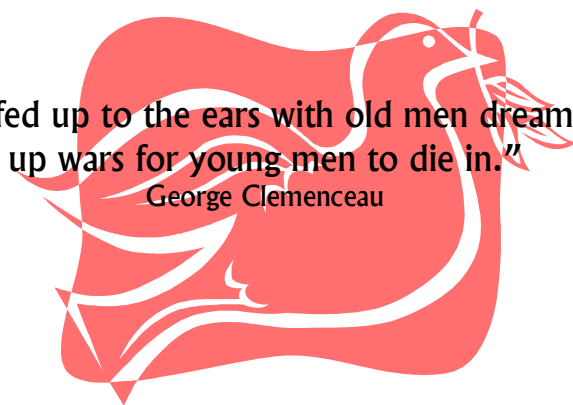
8.00-9.0	Breakfast	
9.00-10.30	Working group meetings, planning and working with the themes	
10.30-12.00	National presentations	Program
12.00-13.00	Lunch	
13.00-13.30	Walk and talk in small groups	Activity
13.30-14.00	Games and workshops, icebreaking, energizing	Activity
14.00-17.30	Working with exhibitions and public presentation	Media/ Public pres.
17.30-18.00	Meditation in the Chapel	Activity
18.00-19.00	Dinner	
19.00-19.30	Day-evaluation	Evaluation
20.00	Sauna	Activity
21.00	Intercultural party with national specialities	Program

19th July

8.00-9.0	Breakfast	
9.00-10.30	Working group meetings, planning and working with the themes	
10.30-12.00	National presentations	Program
12.00-13.00	Lunch	
13.00-13.30	Walk and talk in small groups	Activity
13.30-14.00	Games and workshops, icebreaking, energizing	Activity
14.00-17.30	Working with exhibitions and public presentations	Media/ Activity
17.00-18.00	Dinner	
18.00	Evening program Youth workers from Nordic countries visits	Organisers

**"I'm fed up to the ears with old men dreaming
up wars for young men to die in."**

George Clemenceau



20th July

8.00-9.0	Breakfast	
9.00-10.30	Working group meetings, planning and working with the themes	
10.30-12.00	National presentations	Program
12.00-13.00	Lunch	
13.00-13.30	Walk and talk in small groups	Activity
13.30-14.00	Games and workshops, icebreaking, energizing	Activity
14.00-17.30	Working with exhibitions and public presentations	Public pre./ Media
17.30-18.00	Meditation in the Chapel	
18.00-19.00	Dinner	
19.00-19.30	Day-evaluation	Evaluation
20.00	Sauna	Activity
21.00	Evening program	Program

21st July

8.00-9.0	Breakfast	
9.00-17.0	Whole day in town:	
9.00-18.0	Exhibitions and performances in Mariehamn	Public pre./ Media
	Visit to Local Government and Parliament in groups	Program/ Organisers
18.00-19.00	Dinner at the Åland Islands Peace Institute	Organisers
19.00	Evening program: Music festival in Mariehamn	Organisers



22nd July

8.00-9.0	Breakfast	
9.00-9.30	Transport to Bomarsund	
9.30-17.0	Whole day in Bomarsund: Exhibitions and performances	Public pre./ Media
12.00-13.00	Lunch	Organisers
17.30-18.00	Meditation in the Chapel	Activity
18.00-19.00	Dinner	
19.00-19.30	Final evaluation	Evaluation
20.00	Sauna	
21.00	Farwell party	Program

23rd July

8.00-9.0
9.00-10.0

Breakfast
Cleaning the rooms

Departures

